heya logo
Silver logo
Southampton HEYA Action Plan Template: Physical Activity

The purpose of this template is to enable you to record your action plan following your bronze award completion (as in section 9 of your bronze submission) and actions identified during your attendance the HEYA physical Activity training session and the cascading of information to your staff team.

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| **Which of these areas do you need to make improvements on to work towards achieving the silver Physical Activity award criteria and developing your physical activity practice?** | * Policy * Environment * Curriculum and monitoring * Meeting physical activity guidelines * Environmental rating scales * Communicating messages home * Staff training and CPD * Staff Health & wellbeing | Evaluation and impact of your development since undertaking your bronze award: -  ***You must complete this section. Undertake the steps you have outlined to develop your practice and tell us what difference it has made.*** |
| **Targets and Actions:**  What are your desired goals and how do you plan to address these gaps?  (Please specify each action - you can enlarge this box to make it as big as you need to record enough detail) |  |  |
| **Time / completion date**  When do you intend to address these gaps by? Please state the planned completion or review date. (*This must be prior to submitting your silver award*) |  |  |
| **Who is responsible for carrying this out?** |  |  |
| **Success criteria**  How will you know when you have addressed these gaps? (e.g. Rating scale scores have improved, evidence of less sedentary behaviour, all staff received PA training, regular slot allocated in newsletter to share PA ideas with parents at home) |  |  |
| **Consultation and communication:** How does your setting intend to consult staff, committee, parents and carers about making additional changes at silver level? |  |  |