



**SPOT THE
SIGNS**
Speak out



Is someone you know experiencing abuse or neglect?

If you are worried that an adult may be at risk of abuse or harm, call **023 8083 3003**.

If there is an immediate threat to their safety, contact the police by calling **999**.

Find out how to spot the signs and speak out visit:
southampton.gov.uk/speakout



HAMPSHIRE
CONSTABULARY

