

Family Hub Parenting Offer Spring 2025

From 6 January to 4 April

For more information and support, please email: familyhub@southampton.gov.uk

Monday	Cook and Eat Pickles Coppice: 10am – 12pm 6 January – 10 February	New Forest Parenting Programme Honeysuckle: 12.30 – 2.30pm 6 January – 10 February	Being a Parent Seashell: 9.30 – 11.30am 13 January – 17 March	Infant Massage Blackberry: 1 – 2.30pm 13 January – 10 February	New Forest Parenting Programme Pickles Coppice: 12.30 – 2.30pm 24 February – 31 March	Cook and Eat Cutbush: 3.30 – 5.30pm 24 February – 31 March	Understanding Behaviour Blackberry: 9.30 – 11.30am 24 – 31 March	
Tuesday	New Forest Parenting Programme Seashell: 9.30 – 11.30am 7 January – 11 February	Cook and Eat Clovelly: 10 – 12pm 7 January – 11 February	New Forest Parenting Programme Cutbush: 9.30 – 11.30am 25 February – 1 April	Infant Massage Clovelly: 1 – 2.30pm 25 February – 1 April	Cook and Eat Clovelly: 3.15 – 5.15pm 25 February – 1 April	Understanding Behaviour Online 6.30 – 8.30pm 25 February – 4 March		
Wednesday	Infant Massage Seashell: 1 – 2.30pm 8 January – 5 February	Being a Parent Clovelly: 9.30 – 11.30am 22 January – 26 March	Infant Massage Maple: 1- 2.30pm 26 February – 26 March	Being a Parent Together Online 7.30 – 9.30pm 26 February – 19 March				

Online courses are available from the Solihull Approach such as Understanding your baby, Understanding your child's feelings, Understanding your relationships and many more.

Go to inourplace.co.uk/southampton/.

To register for access, use the code TITANIC and put in your Southampton postcode.



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Thursday	New Forest Parenting Programme Clovelly: 12.30 – 2.30pm 27 February – 3 April	Cook and Eat Pickles Coppice: 4 – 6pm 27 February – 3 April	Living with Teenagers Online 7 – 9pm 23 January – 27 March		
Friday	New Forest Parenting Programme Blackberry: 12.30 – 2.30pm 10 January – 14 February	Understanding Behaviour Clovelly: 12.30 – 2.30pm 24 – 31 January	New Forest Parenting Programme Pickles Coppice: 9.30 – 11.30am 28 February – 4 April	Infant Massage Cutbush: 10 – 11.30am 7 March – 4 April	

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Locations

Family Hub
Blackberry
Byron Road
Southampton,
SO19 6FH
023 8091 7633

Family Hub
Cutbush
Cutbush Lane,
Southampton,
SO18 2GF
023 8091 5480

Family Hub
Seashell
Foxcott Close
Southampton,
SO19 9JQ
023 8043 7866

Family Hub
Pickles Coppice
65 Windermere
Avenue
Southampton,
SO16 9QX
023 8054 0135

Family Hub
The Ashby
Centre
Stratton Road,
Southampton,
SO15 5QZ
023 8054 0135

Family Hub
Maple
Helvellyn Road,
Millbrook,
Southampton
SO16 4AS

Family Hub
Clovelly
60-68 Clovelly
Road
Southampton,
SO14 0AU
023 8033 1635

Family Hub
Honeysuckle
Honeysuckle
Road
Southampton
SO16 3BZ
023 8083 3552



Children
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