

**Staff Survey – HEYA Physical Activity**

Children’s physical activity

Please **circle** as appropriate

1. On a daily basis, how well do you think we prioritise and promote physical activity to the children (gross and fine motor)?

**Not very well Fairly well Very well**

**Comments ……………………………………………………………………….**

1. How well do you think we promote home learning for physical activity to parents/

carers and families (through display / newsletters / discussion)?

**Not very well Fairly well Very well**

**Comments ……………………………………………………………………….**

1. How confident are you to plan, set up and carry out ***a wide variety*** of physical activities with children in this setting (including energetic play for heart health)?

**Very confident Fairly confident Not confident**

**Comments ……………………………………………………………………….**

1. Do you feel that training in physical development and active play should be a priority for you or for this setting?

**No Yes (self) Yes (whole setting)**

**Comments ……………………………………………………………………….**

1. **Do you fully understand your role and responsibilities in promoting physical activity to children and also to their parents and carers?**

Yes (fully) Yes partially but need some support No

**Comments………………………………………………………………………**

Staff’s own approached to physical activity and wellbeing

1. How well do you think we promote **staff** physical activity and wellbeing?

**Not very well Fairly well Very well**

**Comments …………………………………………………………………**

1. How could we improve this? What are your views on this and what ideas do you have?

**Comments……………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………**

1. Do you feel you would benefit from any support to improve your own health and wellbeing

**Yes No**

**Comments………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………**

Date Survey Completed: \_\_\_\_\_\_\_